

The Medical Literature

Mazen Kherallah, MD, MHA, FCCP

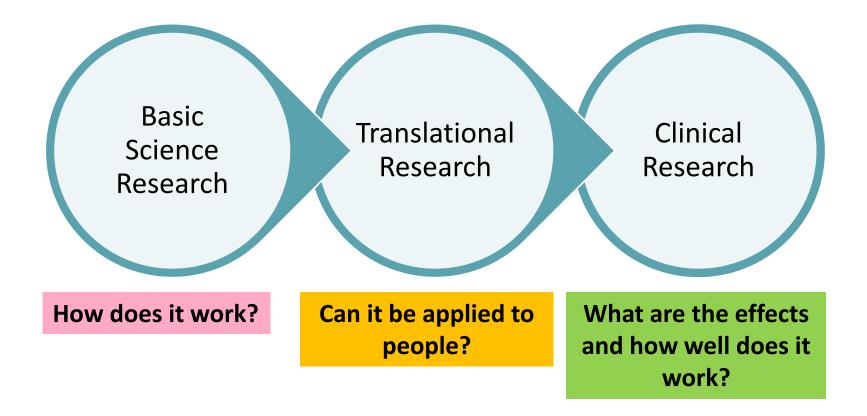
Outline





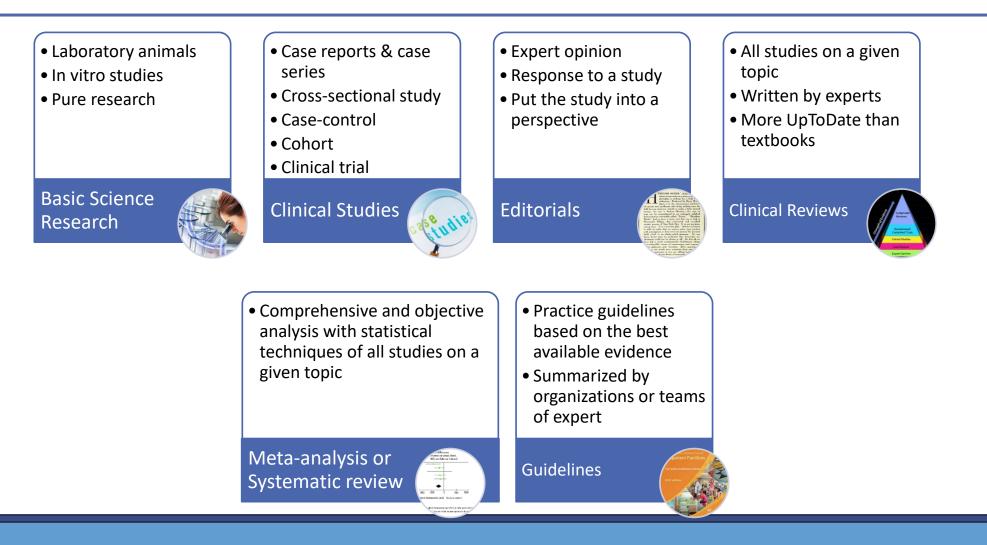


From Bench Research to Clinical Trials





What are the Important Types of Articles



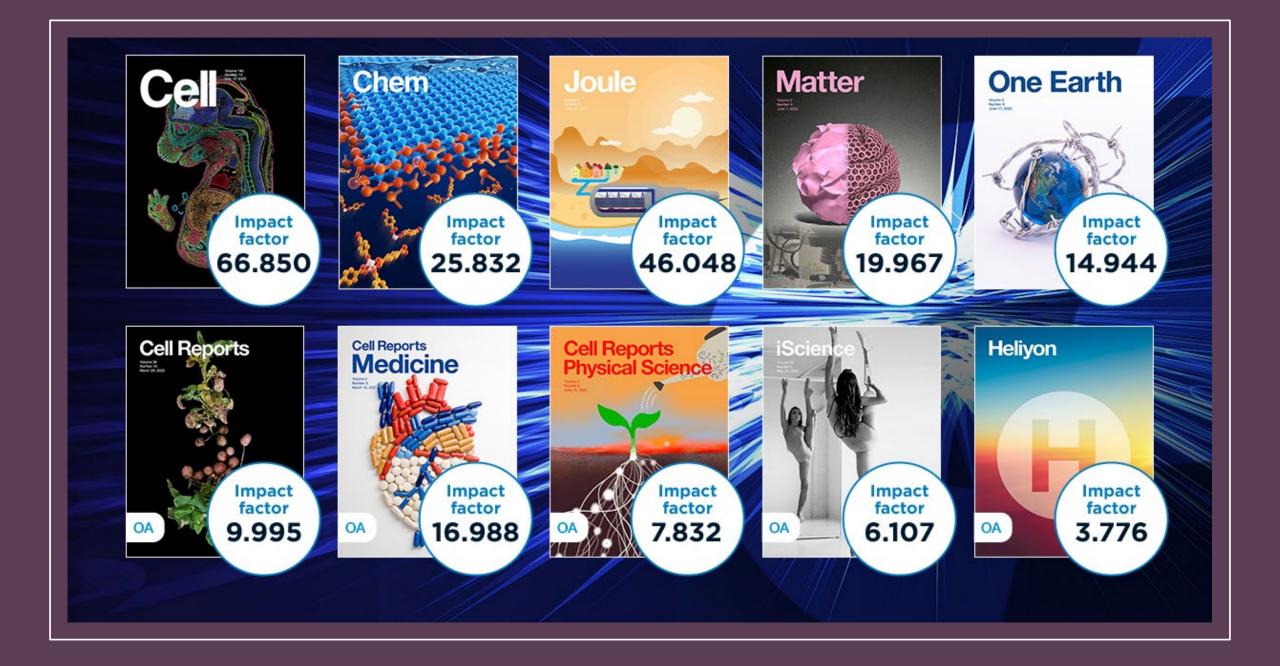
The NEW ENGLAND JOURNAL of MEDICINE VOL 366 NO. 18 RETABLIEHED IN 1812 NAY 3, 2012 NEMORO			www.thelancet.com
1662 THIS WEEK AT NEJM-ORG PERSPECTIVE 1653 Evidence, Preferences, Recommendations — Finding the Right Balance in Patient Care T.E. Oulli and R.G., Holloway 1705 Registry of Transcatheter Aortic-Valve Implantation in High-Risk Patients M. Gilard and Others	R N Kataria Biso Peuromyeliis optica: what P B 4 Waman metapneumovirus in A distantes. P Fouchier Biol. Genomics - a global public g H Thorsteinfield@tr and others	t is and what it might be the community	 Experts galatien to backase water to back that the world is ignoring. Scientists grieve loss of estronauts and science Uninsured people in USA put a strain on heatth system China faces hidden epidemic of chiamydaii Infection. Bronchioltis drugs lack convincing, evidence of efficacy.
1655 Becoming a Physician: Freedom from the Tyranny 20Ph ANNIVEESARY ARTICLE 0 C'Choice — Teaching the End-of-Life Conversatio 170 D. Lamas and L. Rosonaum A. Gawande 1657 Becoming a Physician: Lecture Halls without 10AGES IN CLINICAL MEDICINE 1657 Lectures — A Proposal for Medical Education 124 179 Server and C., Rober and C., Rober and YK. Tay 5-K. Tan and Y-K. Tay	ARTICLES 8:03 Postnatal home visits in tee 3:A Quardiven and others 0:01 Thromophilic discorders and E Rey and choirs 0:00 Dementia diagnosis in devel M Prince and others	fetal loss oping countries	940 Placental protein may have a role in pre-oclampala 941 News in brief 942 Uganda and Global Fund sign grant agreement SEMINAR 943 Hodgkin's lymphoma
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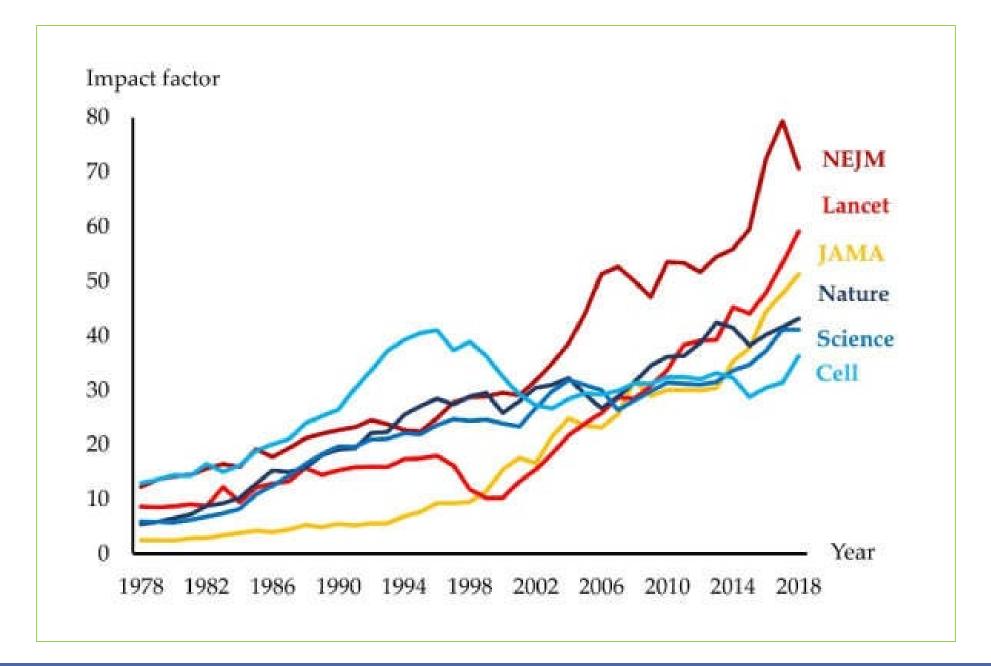
Peer-reviewed journals

Impact Factor

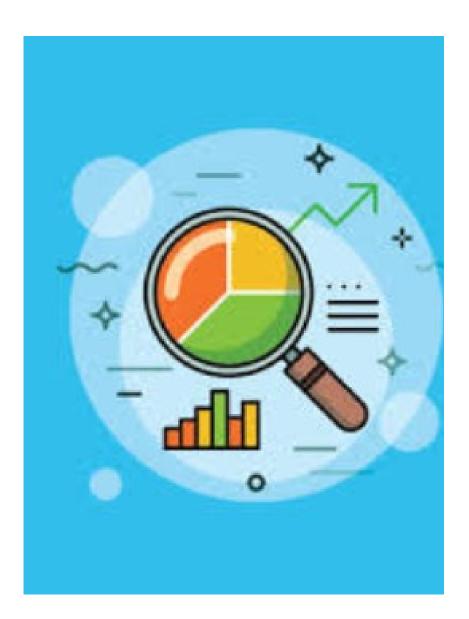
§ Nature had an impact factor of 41.6 in 2017¹. This means that, on average, its papers published in 2015 and 2016 received roughly 42 citations each in 2017¹.

 $Impact Factor = \frac{Citations in Year 2 + Citations in Year 1}{Number of articles in Year 2 + Number of articles in Year 1}$





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	1 New England Journal of Medicine	e journal	26.015 Q1	1130	1410	4561	14396	133956	1854	33.93	10.21		
	2 Nature Medicine	journal	24.687 Q1	605	522	1245	15256	41058	664	34.67	29.23		
	3 MMWR Recommendations and Reports 👌	journal	23.962 Q1	151	103	138	940	3469	133	25.28	9.13		
	4 Nature Reviews Drug Discovery	journal	19.423 Q1	370	245	674	9158	12260	148	17.15	37.38		
	5 Nature Reviews Immunology	journal	18.141 Q1	444	170	527	10795	15360	287	30.78	63.50		



H-index

§ The h-index is simply a count of the largest number of papers (h) from a journal or author that have at least (h) number of citations

§ For instance, an h-index of 17 means that the scientist has published at least 17 papers that have each been cited at least 17 times. If the scientist's 18th most cited publication was cited only 10 times, the h-index would remain at 17. If the scientist's 18th most cited publication was cited 18 or more times, the h-index would rise to 18

Quartile Rankings

§ Based on the rank of the journal in its category sorted by impact factor of the journal

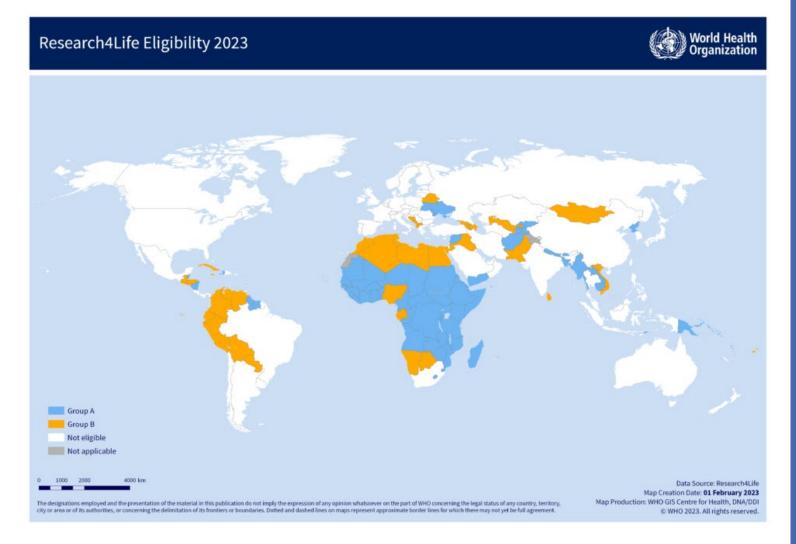
§ Z is defined as: Z=(X/Y)

§ Where X is the journal rank in category and Y is the number of journals in the category.

§ When sorted by Impact Factor, if a journal is rank 78 out of 314 in a category, Z=(78/314)=0.248 which is a Q1 journal.

§ When sorted by Impact Factor, if a journal is rank 102 out of 204 in a category, Z=(102/204)=0.5 which is a Q2 journal.

Q1	0.0 < Z ≤ 0.25	Highest ranked journals in a category
Q2	0.25 < Z ≤ 0.5	
Q3	0.5 < Z ≤ 0.75	
Q4	0.75 < Z	Lowest ranked journals in a category



Access to Literature free to Group A

Guidelines

Search our library of Critical Care clinical guidelines. Access clinical guideline summaries for the Critical Care medical specialty area online and in our mobile app.

Critical Care × Q		Search	By Specialty	By Organization	By Date		
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APPLIED FILTERS Critical care 🗙 PUBLICATION DATE AVAILABLE FORMATS ORGANIZATION

Clear All

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NEW	Strategies to Prevent Catheter-A Tract Infections in Acute-Care Ho			Your Own Guideline
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Society of Critical Care Medicine

Search

The Society of Critical Care Medicine (SCCM) is the largest non-profit medical organization dedicated to promoting excellence and consistency in the practice of critical care.

Society of Critical Care Med	dicine		

By Specialty

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Displaying Medicine	20 of 29 search results for Society of Critical Care	SORT BY Newes	st - RESOURCES & DECISION S
NEW	Use of Prolonged-Infusion Beta-Lact	am Antibiotics	SCCM Full Text Guidelines
	 Cystic Fibrosis Foundation Infectious Diseases Society of America 		SCCM Journals
	 Society of Critical Care Medicine Society of Infectious Diseases Pharmacists 	SCCM Website	
	American College of Clinical Pharmacy Dublication: August 24, 2022		
	Publication: August 24, 2023		

By Organization

By Date

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Q

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Access the complete list of clinical, administrative and endorsed guidelines online.

Search Guidelines	Search
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Guidelines for Rapid Sequence Intubation in the Critically Ill Adult Patient

Most Popular Guidelines

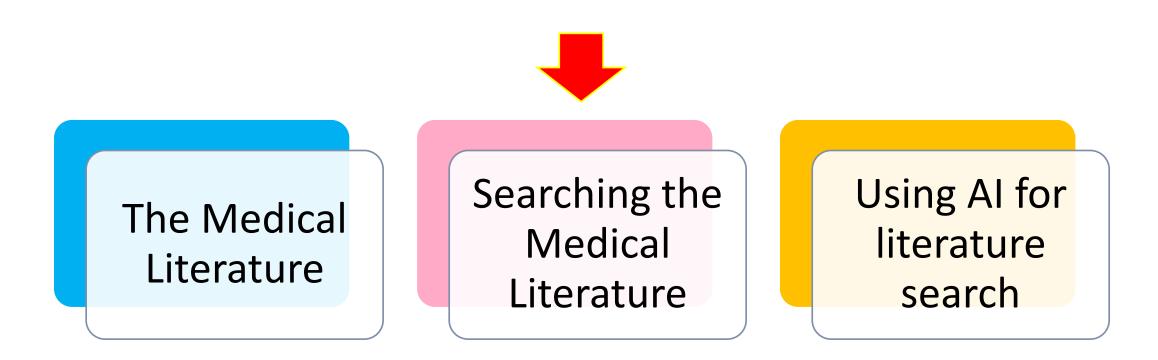
Guidelines for Rapid Sequence Intubation in the Critically Ill Adult Patient

Guidelines for the Management of Adult Acute and Acute-on-Chronic Liver Failure in the ICU (Part II)

PANDEM Guidelines for Infants and Children

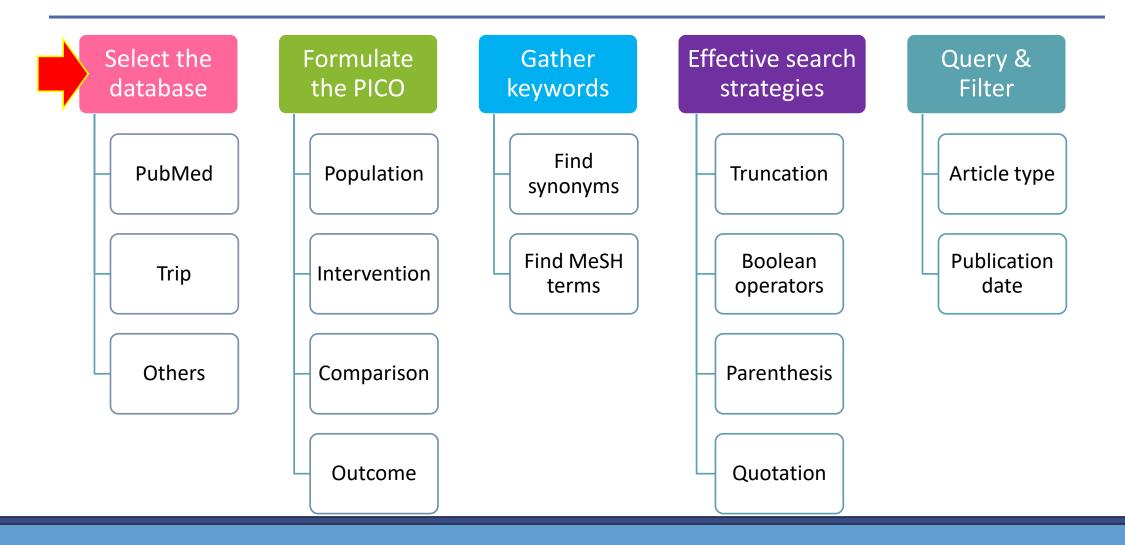
Outline







Searching the Medical Literature







Pub Med[®]

Search

Advanced

PubMed® comprises more than 36 million citations for biomedical literature from MEDLINE, life science journals, and online books. Citations may include links to full text content from PubMed Central and publisher web sites.



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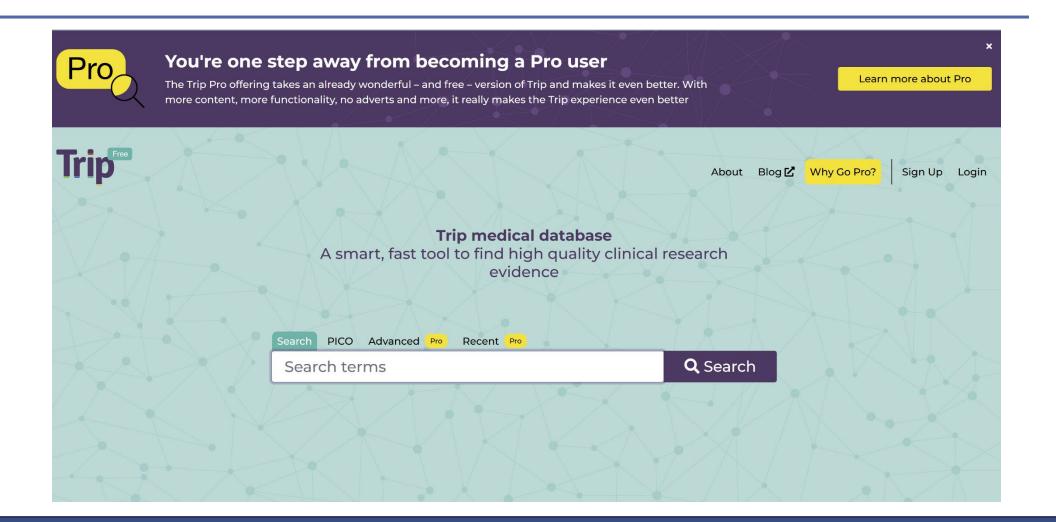
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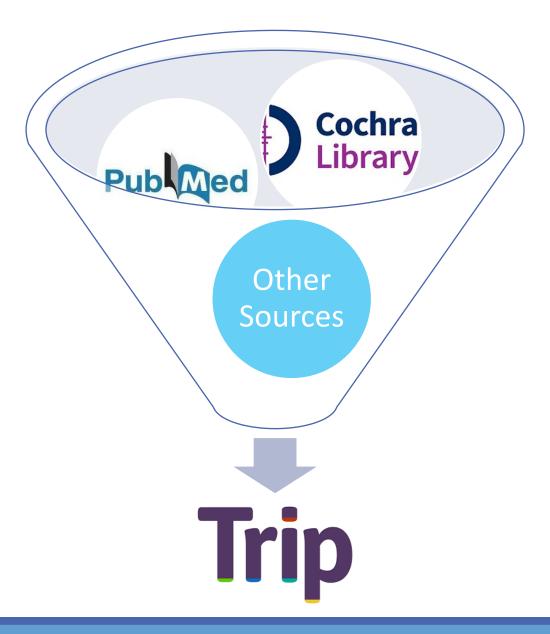
MeSH Database

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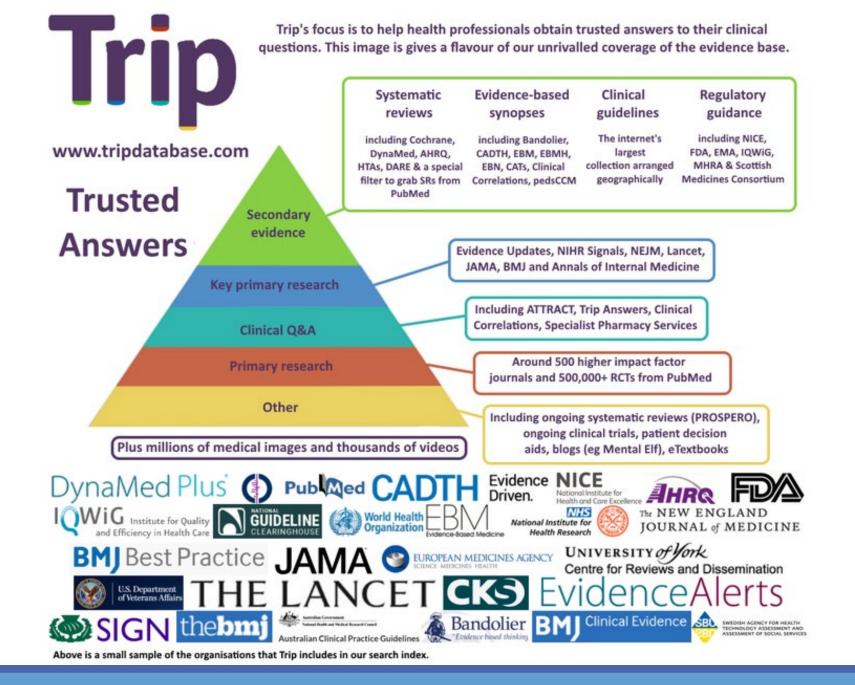


TRIP MEDICAL DATATBASE





Databases

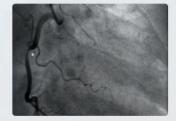




Specialties - Calculators About - Mobile

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View Specialty



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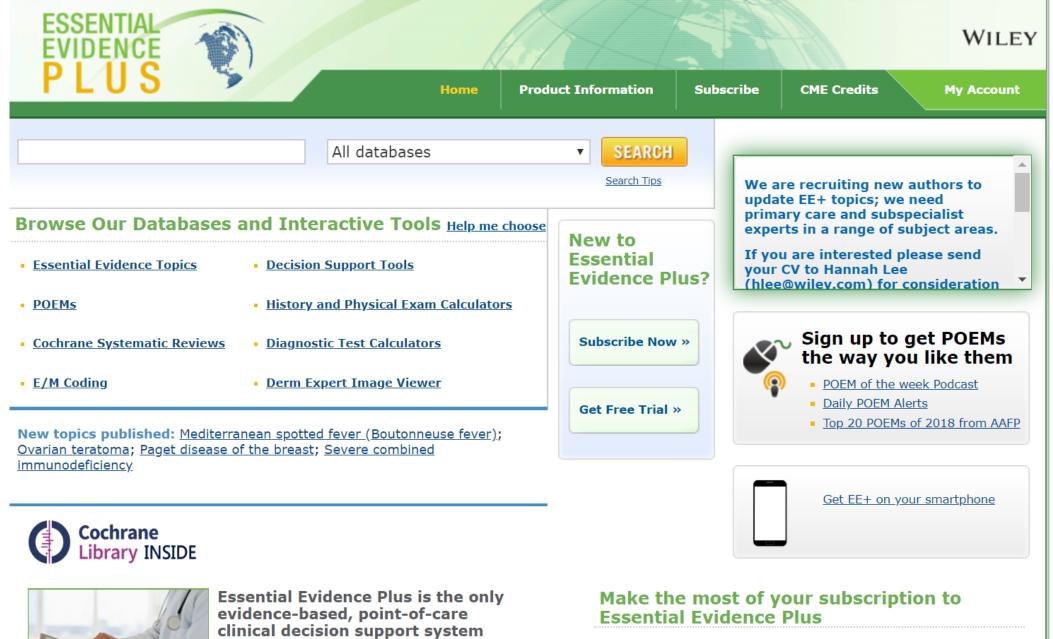
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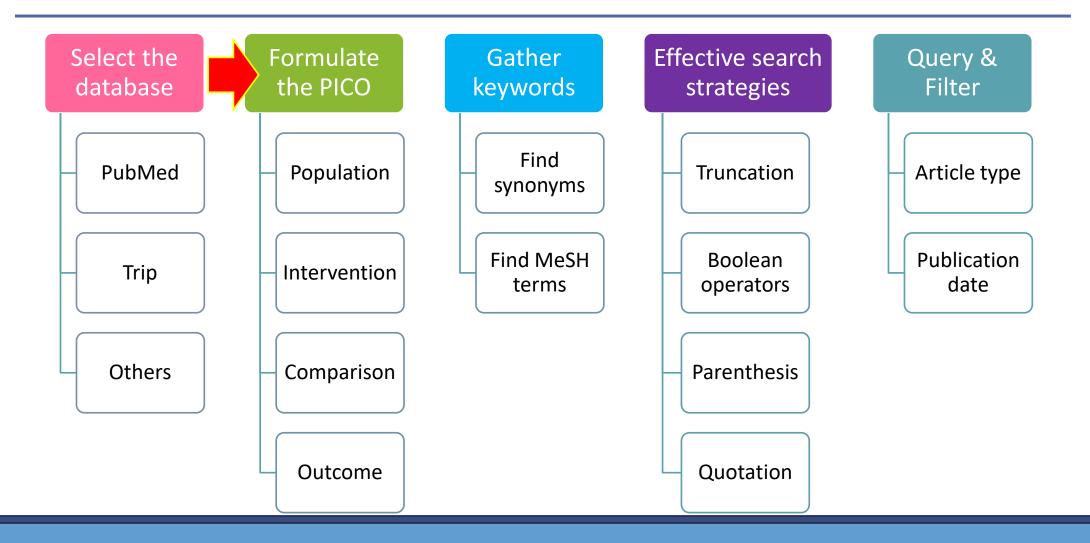


Explore

MeSH Database



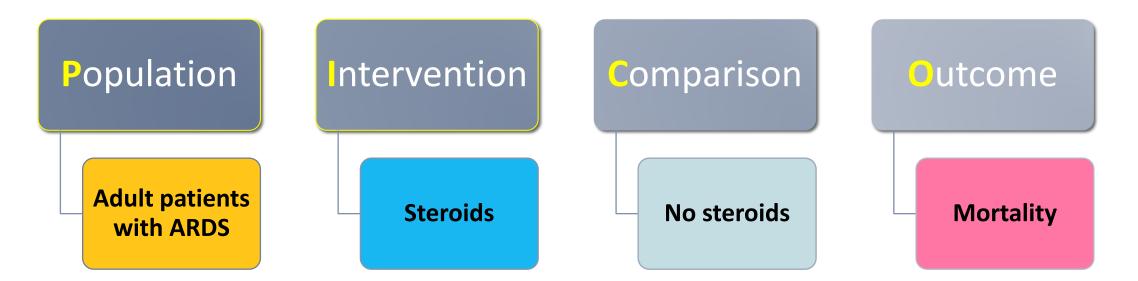
Searching the Medical Literature



PICO



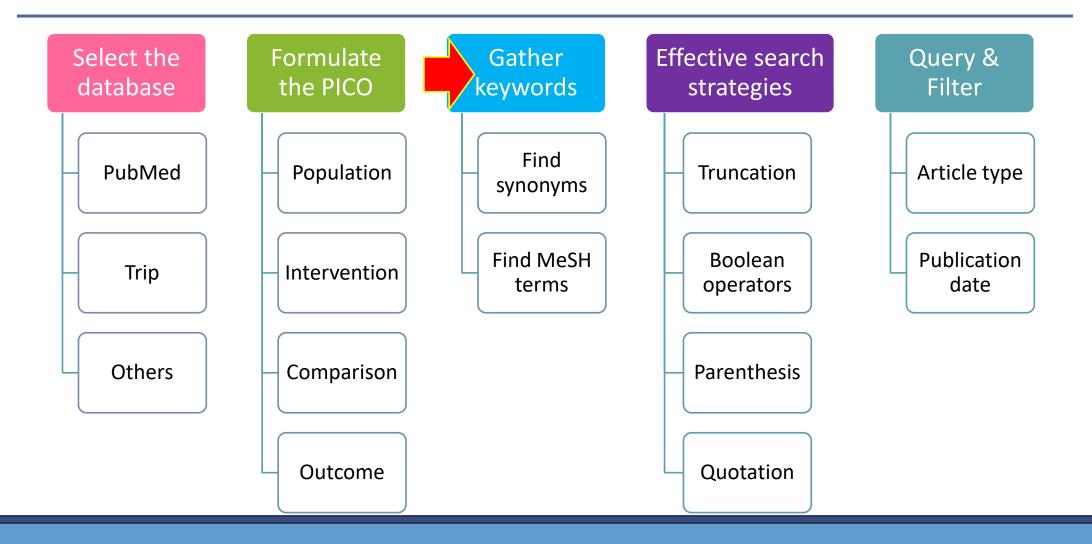
Does steroid therapy improve mortality in adult patients with ARDS compared to placebo?



Very specific search not a sensitive one.

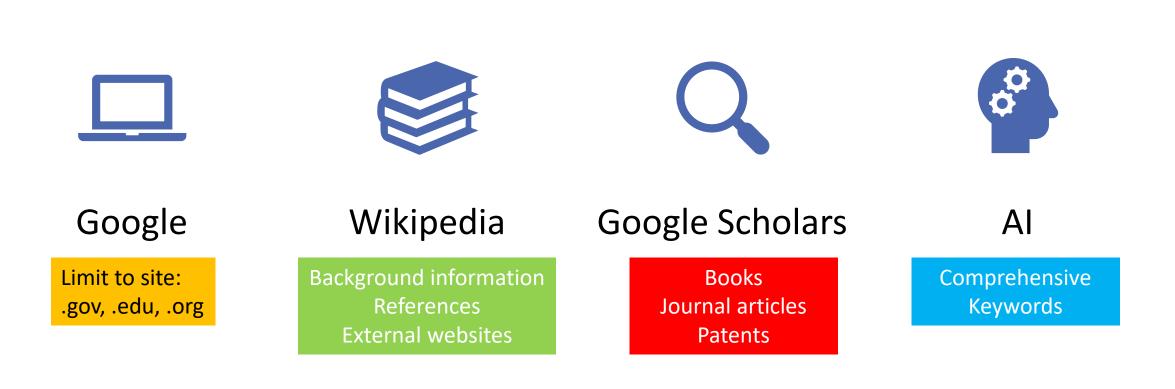


Searching the Medical Literature





Search Engines: Gathering Keywords



	Google Scholar	ARDS site:.gov	
•	Articles	About 851 results (0.06 sec)	
	Any time Since 2023 Since 2022 Since 2019 Custom range	[HTML] Vascular risk factors for COVID-19 ARDS: endothelium, contact-kinin system M Bailey, D Linden, H Guo-Parke, O Earley Frontiers in, 2023 - ncbi.nlm.nih.gov acute respiratory distress syndrome (ARDS)]. Intrinsic coagulation are hallmark features of COVID-19 ARDS. In this review we in severe infections to stratify for risk of developing ARDS ☆ Save 55 Cite Related articles	[HTML] nih.gov
	Sort by relevance Sort by date	[нтмь] Transcriptomic evidence of lung repair in paediatric ARDS survival L Song, K Li, X Hong, K Xiao, G Mo Clinical and, 2023 - ncbi.nlm.nih.gov	[нтмL] nih.gov Full View
	Any type Review articles	severe ARDS . Comprehensive evidence of reparative mechanisms in surviving ARDS is currently lacking. Here we present a case report of a 10-year-old girl who survived ARDS with ☆ Save 55 Cite Cited by 1 All 4 versions ≫	
	include patentsinclude citations	[нтмL] Long short-term memory model identifies ARDS and in-hospital mortality in both non-COVID-19 and COVID-19 cohort	[HTML] nih.gov
	Create alert	JT Chen, R Mehrizi, B Aasman, MN Gong BMJ Health & Care, 2023 - ncbi.nlm.nih.gov We evaluated model timeliness based on ARDS and death, ARDS and not death, no ARDS and death, no ARDS and not death and compared the actual ToP ARDS time/death time $\stackrel{<}{\Delta}$ Save 55 Cite All 6 versions	
		[HTML] Circulatory HMGB1 is an early predictive and prognostic biomarker of ARDS and mortality in a swine model of polytrauma MD Young, TS Cancio, CR Thorpe, RP Willis Frontiers in, 2023 - ncbi.nlm.nih.gov Acute respiratory distress syndrome (ARDS) is a leading cause of morbidity and mortality in ARDS are lacking, and ARDS patients rely on supportive care. Accurate diagnosis of ARDS ☆ Save 57 Cite All 4 versions	[HTML] nih.gov
		[нтмь] Insulin reverses impaired alveolar fluid clearance in ARDS by inhibiting LPS-induced autophagy and inflammatory	[HTML] nih.gov

X Wen, M Li, RQ Zhang, Q Wan - Frontiers in Immunology, 2023 - ncbi.nlm.nih.gov



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Prone position

Fluid management

Medications

Extracorporeal membrane oxygenation

Ineffective treatments

Prognosis

Epidemiology

➤ History

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Acute	respiratory	aistress	synarome
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From Wikipedia, the free encyclopedia

(Redirected from ARDS)

"ARDS" redirects here. For other uses, see Ards.

Acute respiratory distress syndrome (ARDS) is a type of respiratory failure characterized by rapid onset of widespread inflammation in the lungs.^[1] Symptoms include shortness of breath (dyspnea), rapid breathing (tachypnea), and bluish skin coloration (cyanosis).^[1] For those who survive, a decreased guality of life is common.^[4]

Causes may include sepsis, pancreatitis, trauma, pneumonia, and aspiration.^[1] The underlying mechanism involves diffuse injury to cells which form the barrier of the microscopic air sacs of the lungs, surfactant dysfunction, activation of the immune system, and dysfunction of the body's regulation of blood clotting.^[5] In effect, ARDS impairs the lungs' ability to exchange oxygen and carbon dioxide.^[1] Adult diagnosis is based on a PaO₂/FiO₂ ratio (ratio of partial pressure arterial oxygen and fraction of inspired oxygen) of less than 300 mm Hg despite a positive end-expiratory pressure (PEEP) of more than 5 cm H₂O.^[1] Cardiogenic pulmonary edema, as the cause, must be excluded.^[4]

The primary treatment involves mechanical ventilation together with treatments directed at the underlying cause.^[1] Ventilation strategies include using low volumes and low pressures.^[1] If oxygenation remains insufficient, lung recruitment maneuvers and neuromuscular blockers may be used.^[1] If these are insufficient, extracorporeal membrane oxygenation (ECMO) may be an option.^[1] The syndrome is associated with a death rate between 35 and 50%.^[1]

Globally, ARDS affects more than 3 million people a year.^[1] The condition was first described in 1967.^[1] Although the terminology of "adult respiratory distress syndrome" has at times been used to differentiate ARDS from "infant respiratory distress syndrome" in newborns, the international consensus is that "acute respiratory distress syndrome" is the best term because ARDS can affect

Acute respiratory distress syndrome Other names (RDS), adult respiratory distress syndrome, shock lung, wet lung

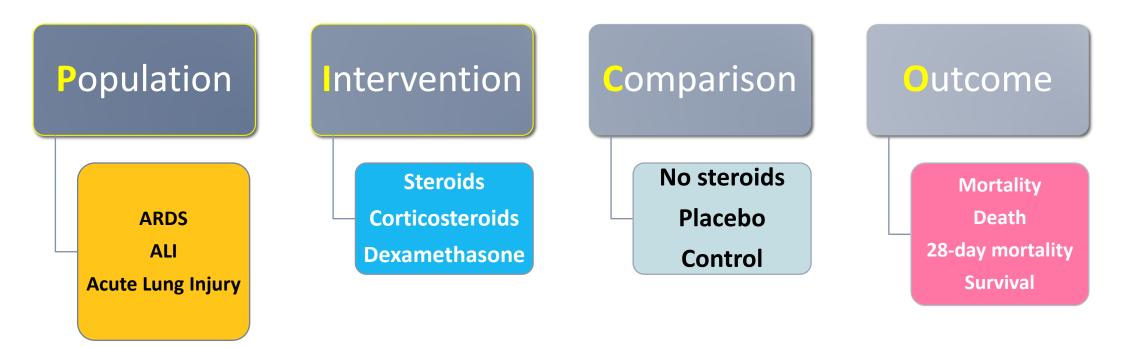


	Chest x-ray.
Specialty	Critical care medicine
Symptoms	Shortness of breath, rapid breathing, bluish skin coloration, chest pain, loss of speech ^[1]
Complications	Blood clots, Collapsed lung (pneumothorax), Infections, Scarring (nulmonary fibrosis) ^[2]

Keywords



Does steroid therapy improve mortality in adult patients with ARDS compared to placebo?



Searching the Medical Literature

FIND OUT THE **MeSH** TERMS (MEDICAL SUBJECT HEADING)

NIH Nation	nal Library of Medicine enter for Biotechnology Information		Log in	
MeSH	MeSH ~ ARDS		Search	
	Create alert Limits Advance	ed	Help	
Full - Respiratory Distress	s Syndrome	Send to:	PubMed Search Builder	
A syndrome characterized by progressive life-threatening RESPIRATORY INSUFFICIENCY in the absence of known LUNG DISEASES, usually following a systemic insult such as surgery or major TRAUMA. Year introduced: 2021(1977)				
PubMed search builder optio	ns		Add to search builder AND ~	
Subheadings:			Search PubMed	
□ blood	enzymology	□ pathology	You Tube Tutorial	
□ cerebrospinal fluid		 physiopathology 	Related information	
□ chemically induced	d 🗌 ethnology	□ prevention and control	PubMed	
□ classification	□ etiology	psychology		
complications	\Box genetics	□ radiotherapy	PubMed - Major Topic	
congenital	□ history	rehabilitation	Clinical Queries	
diagnosis	🗆 immunology	□ surgery	NLM MeSH Browser	
☐ diagnostic imaging	•	□ therapy		
□ diet therapy		□ urine	MedGen	
drug therapy				
			Recent Activity	
embryology	□ parasitology		Turn Off Clear	
Restrict to MeSH Major T	Respiratory Distress Syndrome			
Do not include MeSH terr	MeSH			
Tree Number(s): C08.381.840, C08.618.840			Q ARDS (1)	
MeSH Unique ID: D012128			MeSH	
Entry Terms:			Intubation, Intratracheal	

Home - MeSH - NCBI (nih.gov)

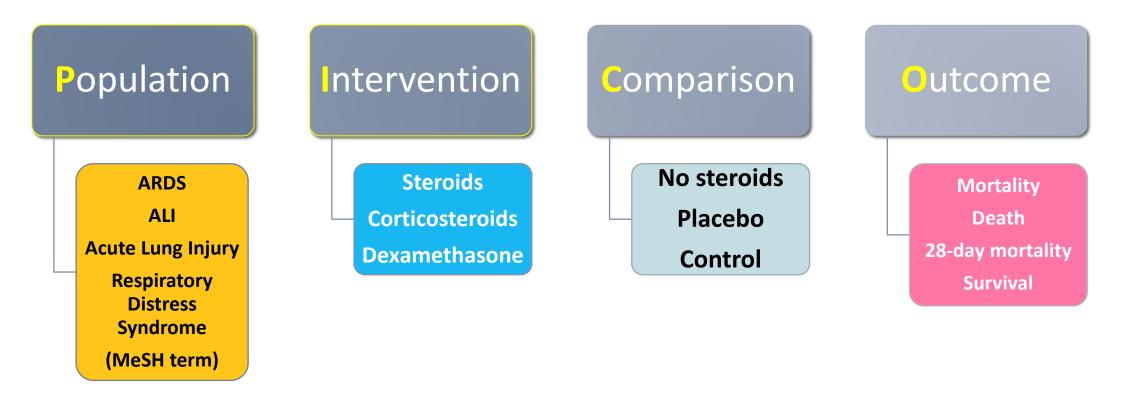
Distress Syndrome, Respiratory	MeSH
Distress Syndromes, Respiratory	📕 Intubation
Respiratory Distress Syndromes	MeSH
Syndrome, Respiratory Distress	Q Martin[Author] (2033)
Shock Lung	NLM Catalog
Lung, Shock	
Respiratory Distress Syndrome, Acute	See more
Acute Respiratory Distress Syndrome	
ARDS, Human	
Human ARDS	"respiratory distress syndrome"[MeSH Terms] OR ARDS[Text Word]
Respiratory Distress Syndrome, Pediatric	TERMS OK ARDS[TEXT WORD]
Pediatric Respiratory Distress Syndrome	
Respiratory Distress Syndrome, Adult	
Adult Respiratory Distress Syndrome	Search
See Also:	See more
<u>Acute Chest Syndrome</u>	
All MeSH Categories	
Diseases Category	
Respiratory Tract Diseases	
Lung Diseases	
Respiratory Distress Syndrome	
Respiratory Distress Syndrome, Newborn	
Hyaline Membrane Disease	
<u>Transient Tachypnea of the Newborn</u>	
All MeSH Categories	
Diseases Category	
Respiratory Tract Diseases	
Respiration Disorders	
Respiratory Distress Syndrome	
Respiratory Distress Syndrome, Newborn	
Hyaline Membrane Disease	
Transient Tachypnea of the Newborn	

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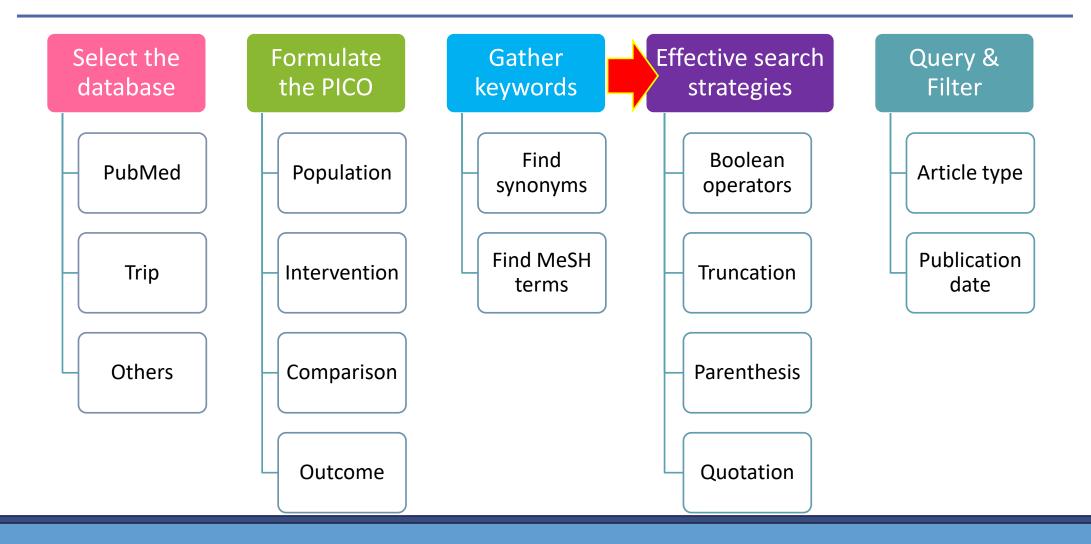


Does steroid therapy improve mortality in adult patients with ARDS compared to placebo?



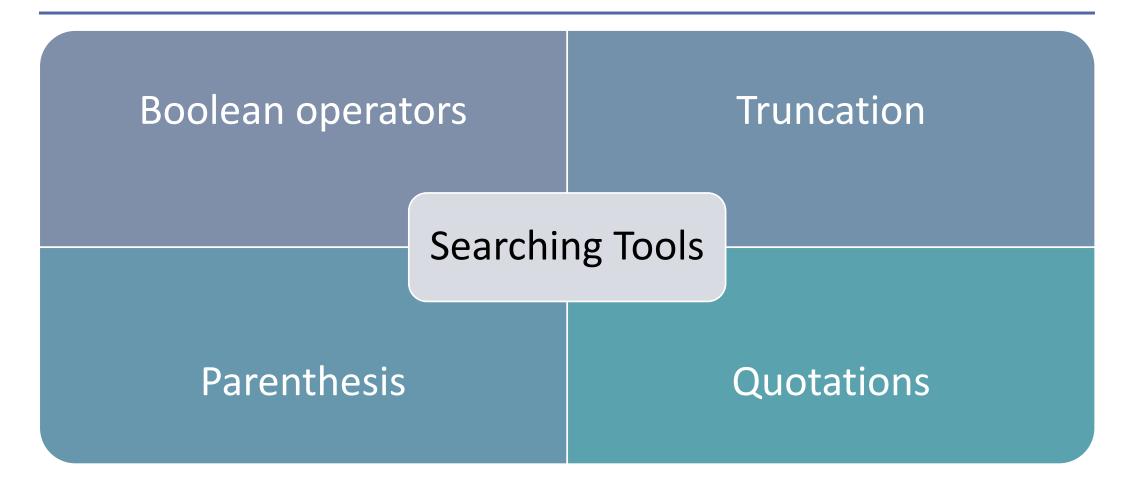


Searching the Medical Literature



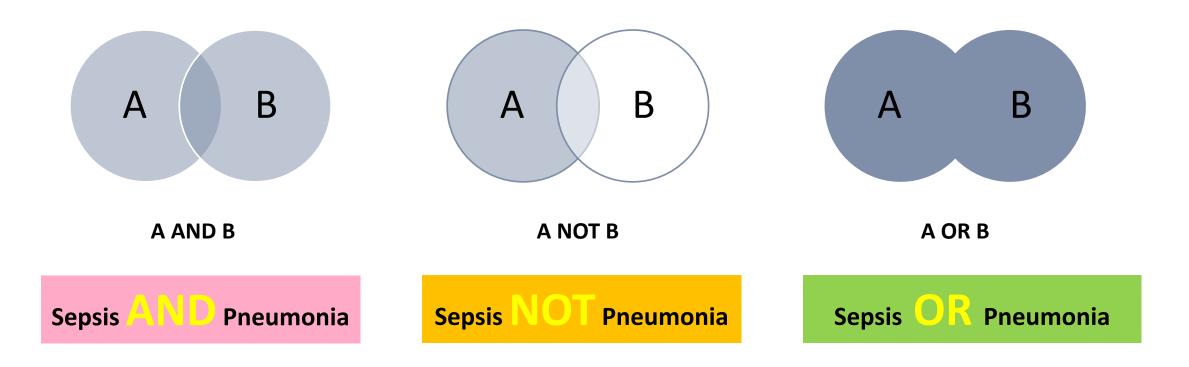


Searching Techniques



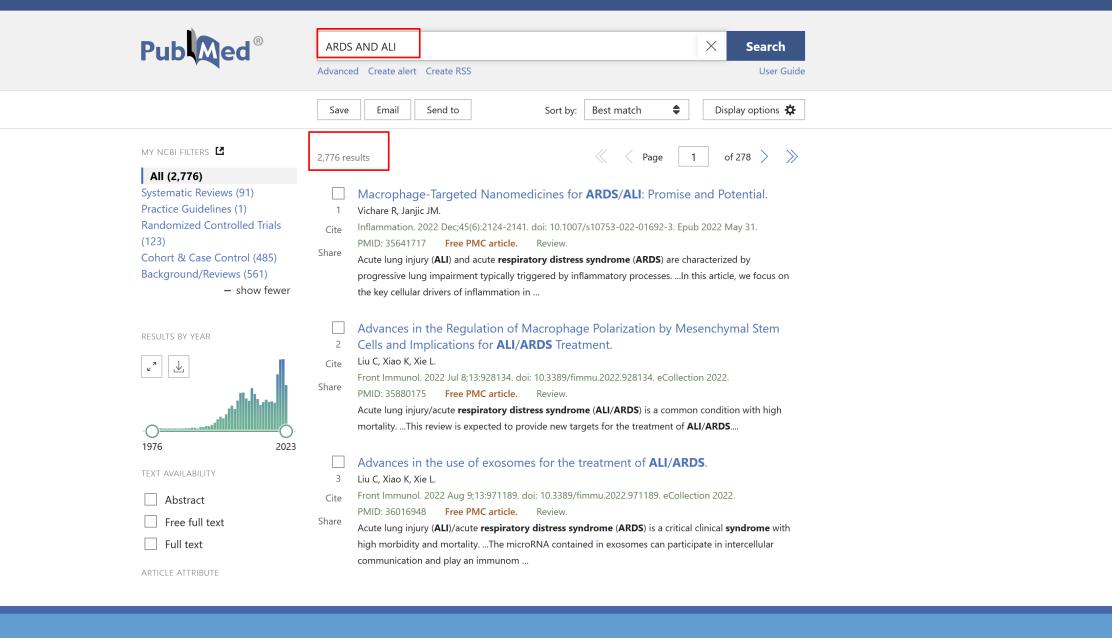


Effective Search Strategy: Boolean Logics

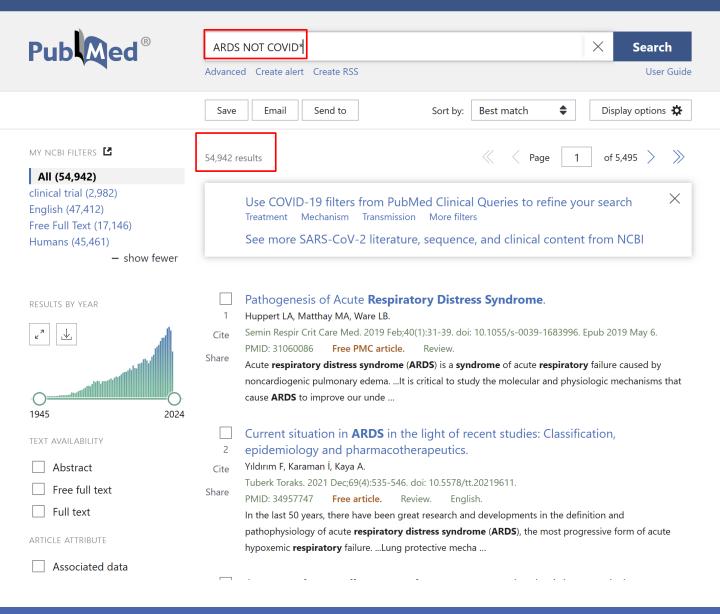


Boolean Operators: AND, OR, NOT



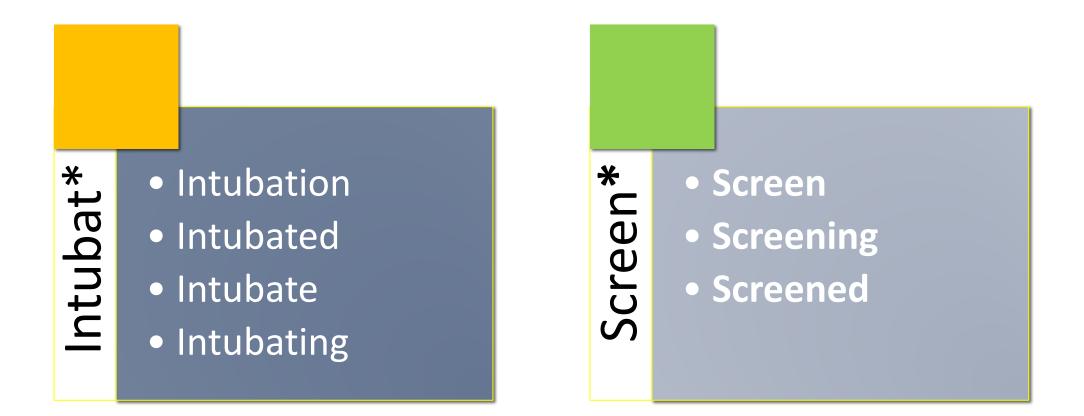




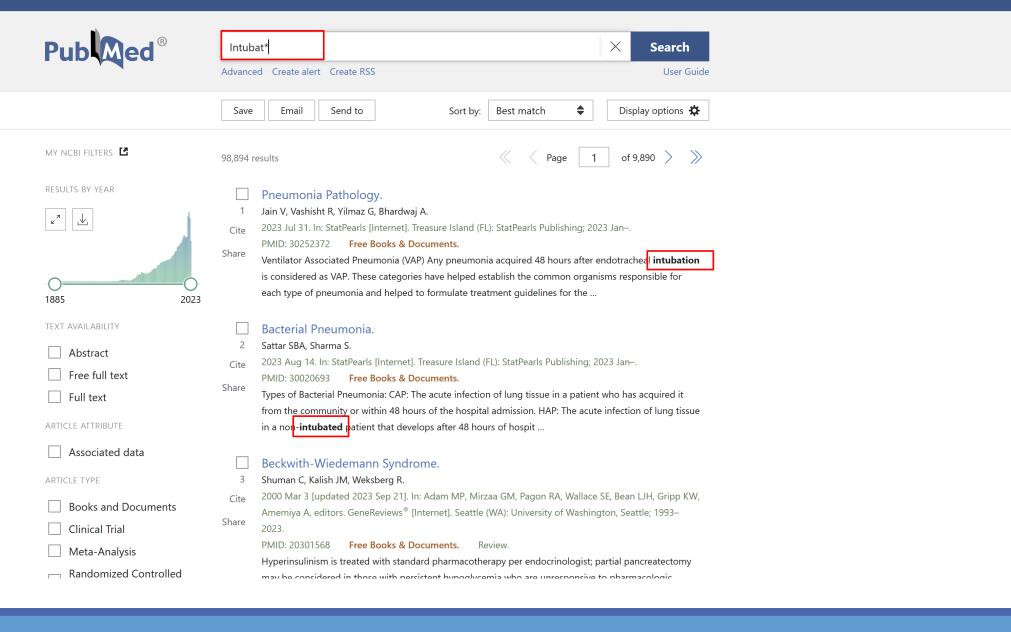




Effective Search Strategy: Truncation



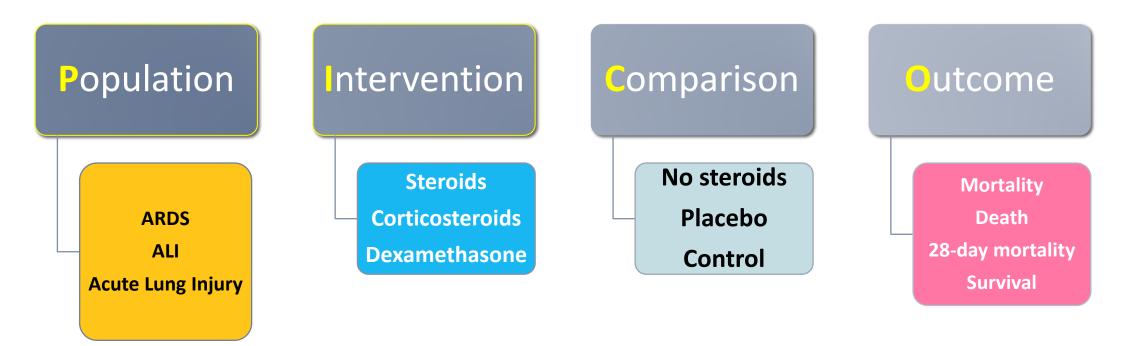




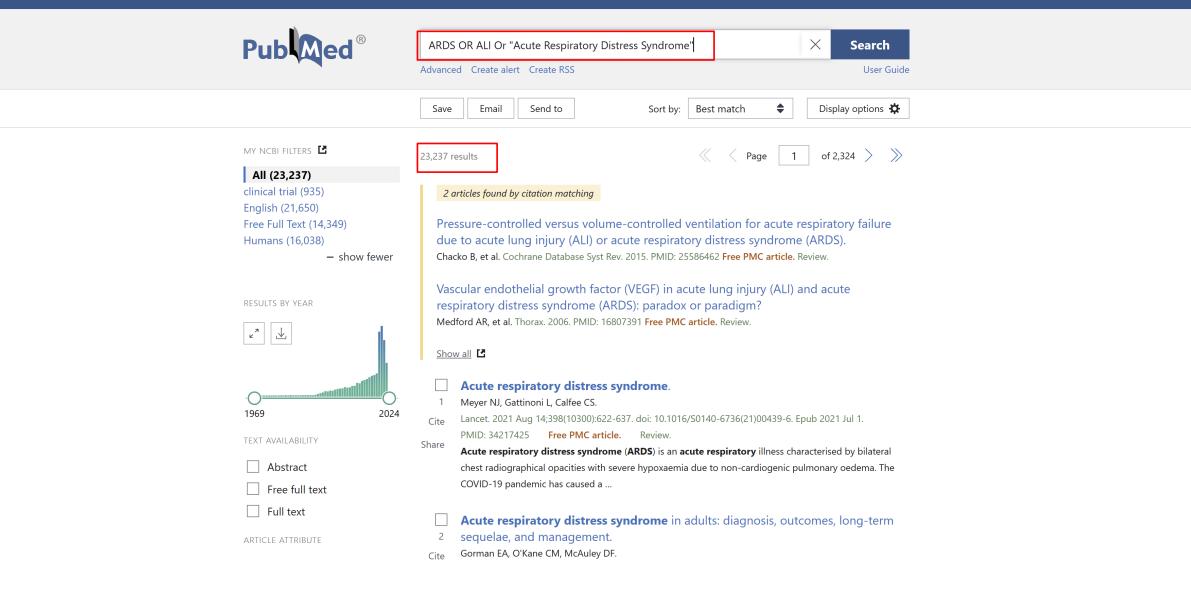


Effective Search Strategies: Synonyms

Does steroid therapy improve mortality in adult patients with ARDS compared to placebo?



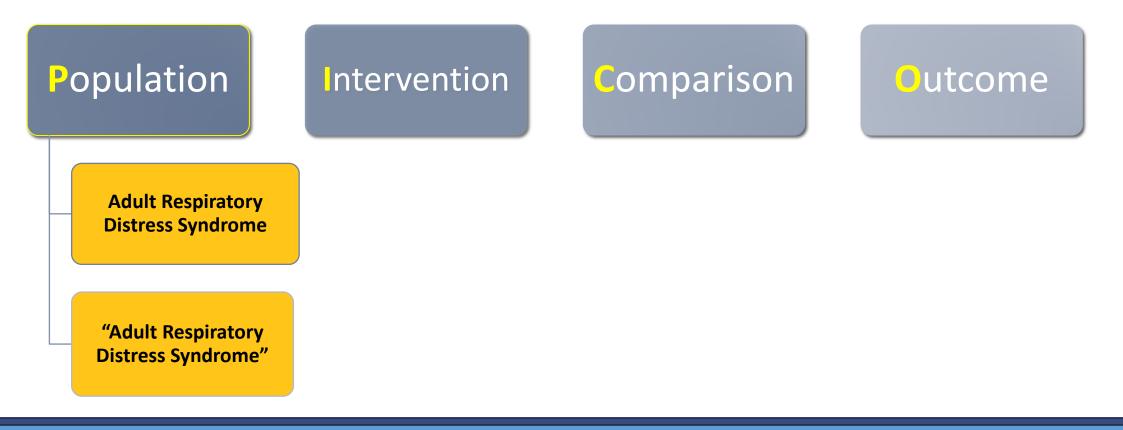






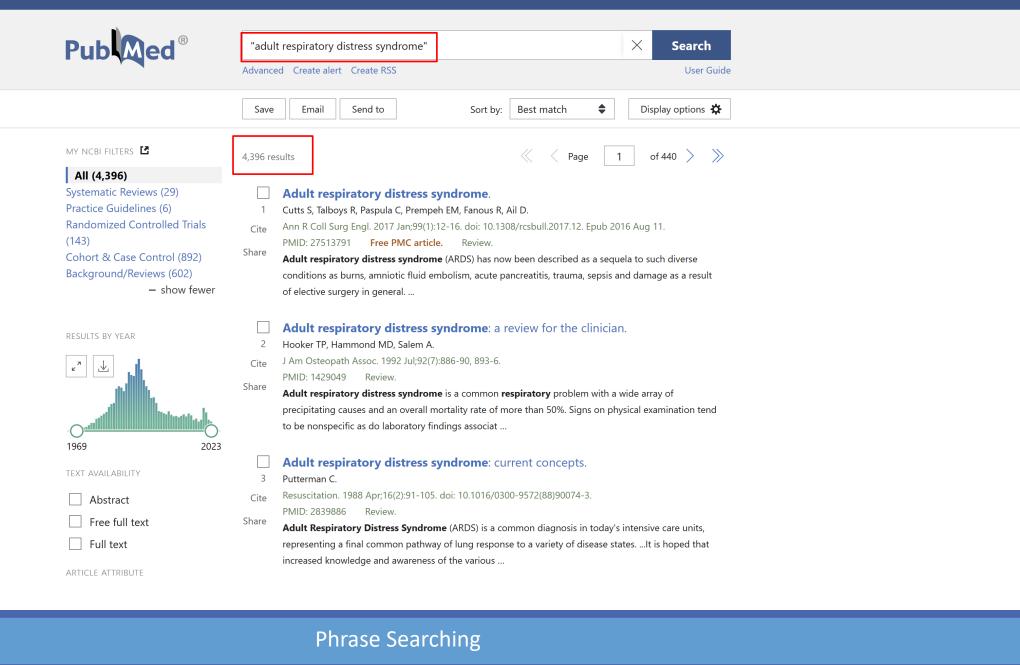
Effective Search Strategy: Quotation

Does steroid therapy improve mortality in adult patients with ARDS compared to placebo?



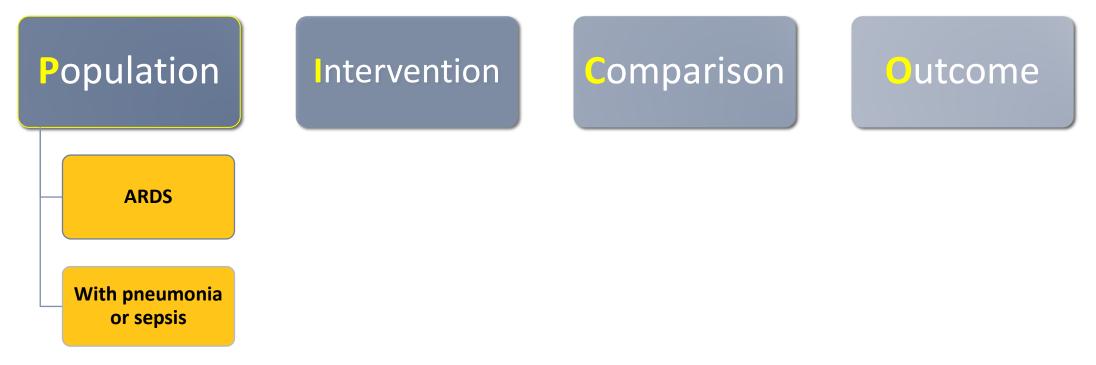
Phrase Searching



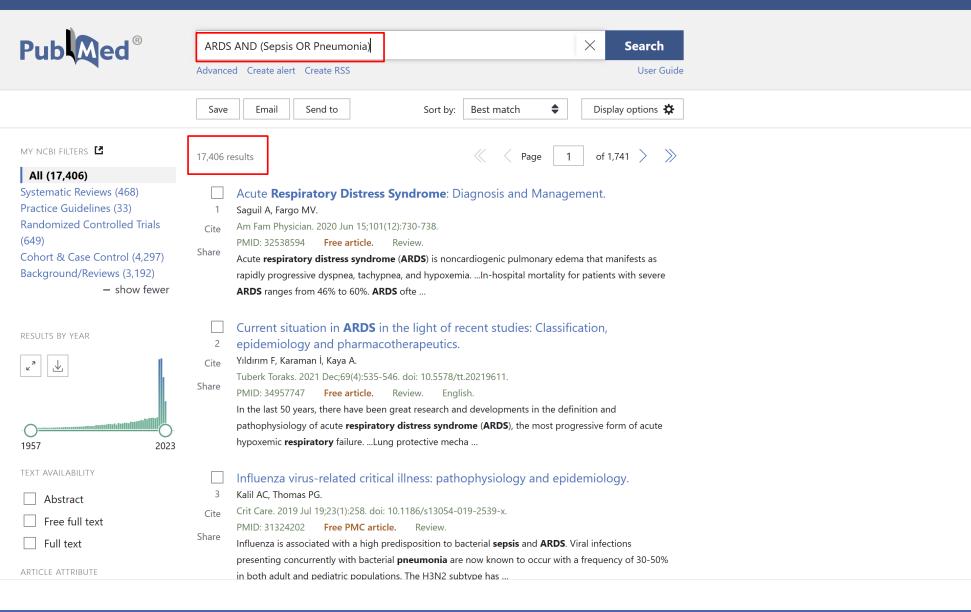




Does steroid therapy improve mortality in adult patients with ARDS (secondary to pneumonia or sepsis) compared to placebo?

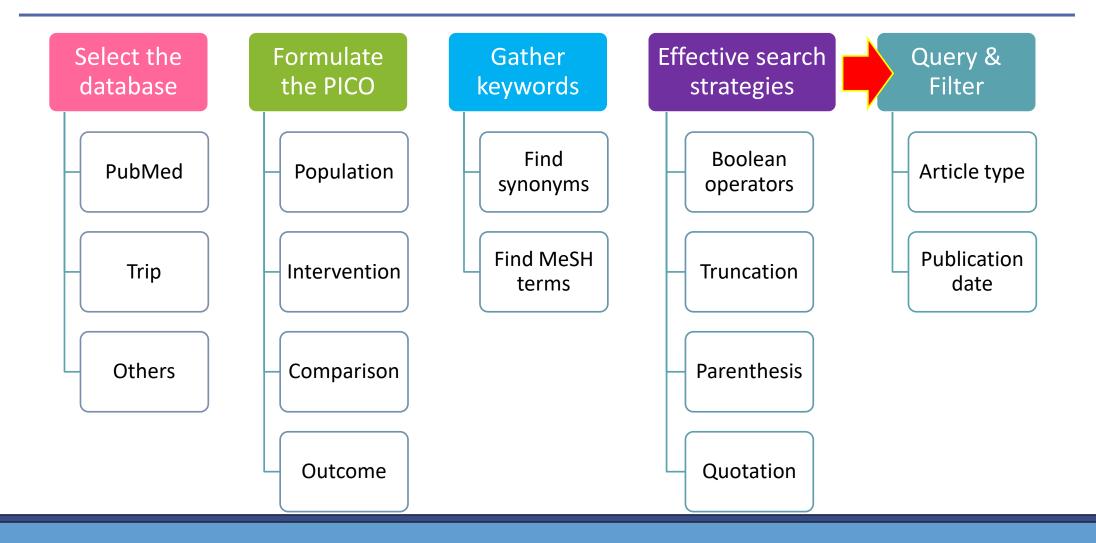








Searching the Medical Literature





PubMed Advanced Search Builder



Add terms to the query box

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Search	Actions	Details	Query	Results	Time
#4	•••	>	Search: Mortality OR Death	2,393,866	07:02:30
#3	•••	>	Search: Steroid* OR Dexamethasone OR Corticosteroid*	581,141	07:02:10
#2	•••	>	Search: COVID*	375,984	07:01:30
#1	•••	>	Search: ARDS OR ALI Or "Acute Respiratory Distress Syndrome"	23,237	07:00:56

Showing 1 to 4 of 4 entries



11

PubMed Advanced Search Builder



Add terms to the query box

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(((ARDS OR ALI Or "Acute Resp Dexamethasone OR Corticoste		tory Distress Syndrome") NOT (COVID*)) AND (Steroid* OR d*)) AND (Mortality OR Death)	\times		Search	~

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#2	•••	>	Search: COVID*	375,984	07:01:30
#1	•••	>	Search: ARDS OR ALI Or "Acute Respiratory Distress Syndrome"	23,237	07:00:56

Showing 1 to 4 of 4 entries



PubMed Advanced Search Builder

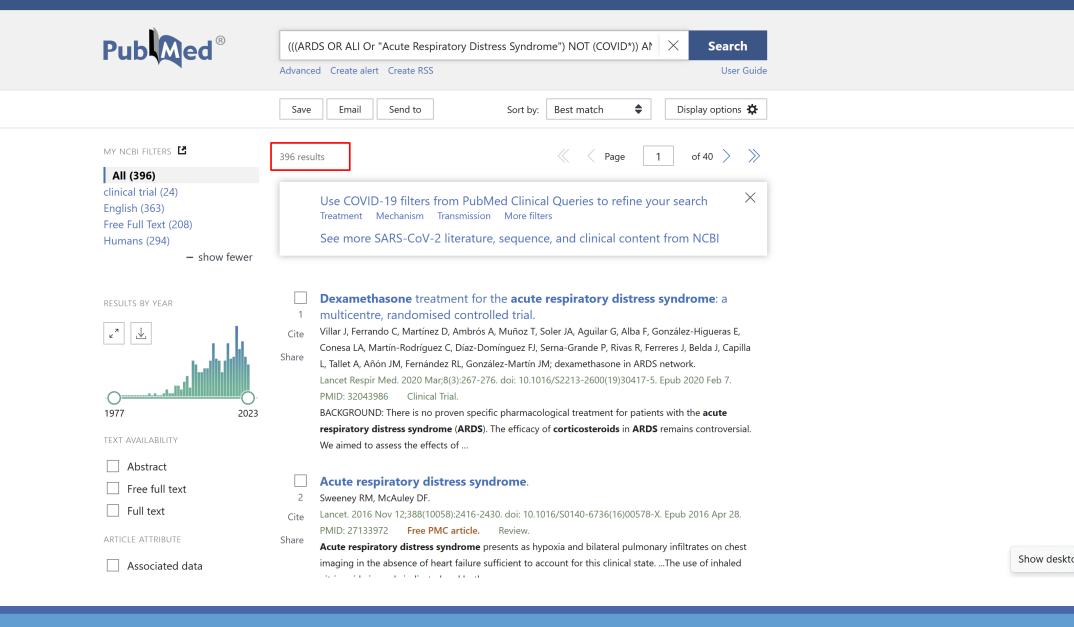


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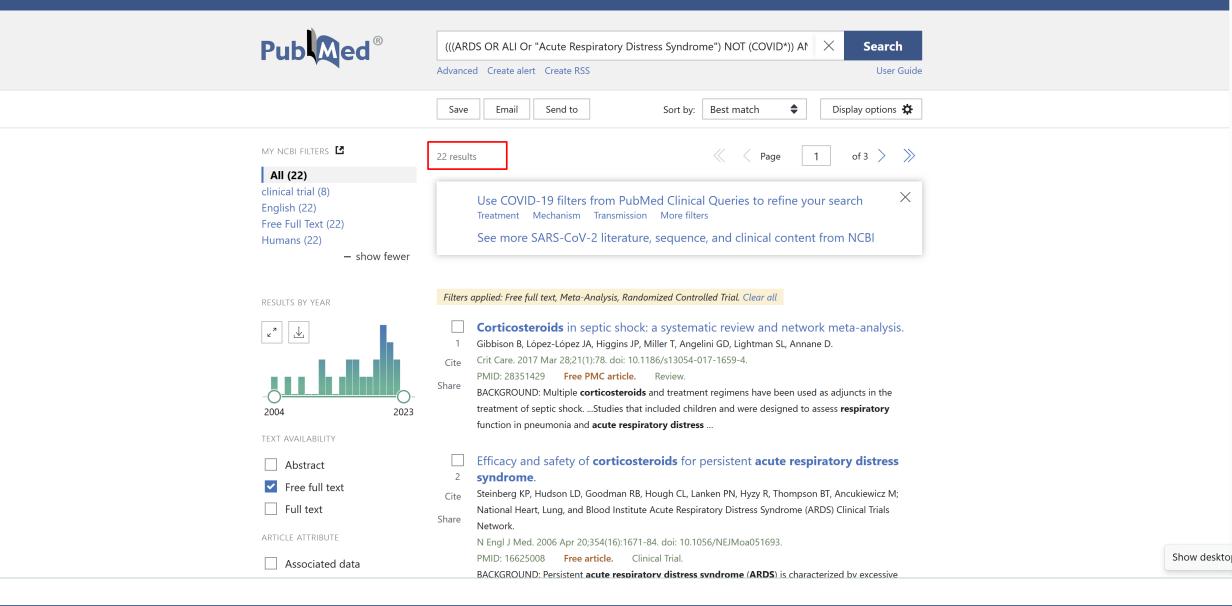
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#4	•••	>	Search:	Mortality OR Death	2,394,696	19:54:36
#3	•••	>	Search:	Steroid* OR Dexamethasone OR Corticosteroid	774,004	19:54:08
#2	•••	Add with	n AND	OVID*	376,394	19:53:25
#1	•••	Add with	n OR	RDS OR ALI OR "Acute Respiratory Distress Syndrome"	145,441	19:53:09
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Search: ARDS

#2

NCBI Literature Resources MeSH PMC Bookshelf Disclaimer

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PubMed Advanced Search Builder



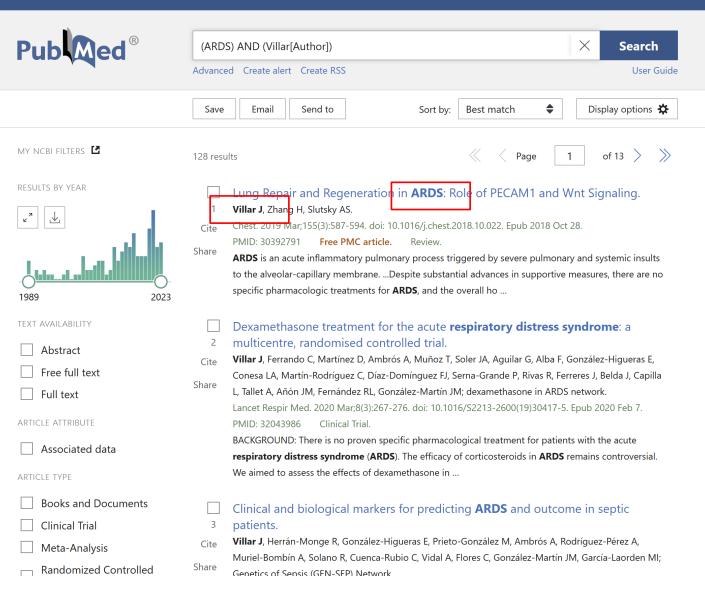
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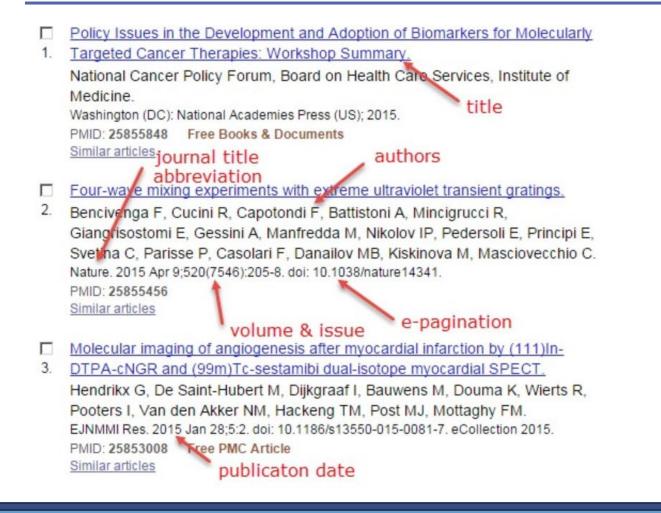
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Anatomy of the Search Results



Outline







Create a search query on PubMed for Does steroid therapy improve mortality in adult patients with ARDS compared to placebo?



To create a search query on PubMed for the topic "Does steroid therapy improve mortality in $\Box \Box \nabla$ adult patients with ARDS compared to placebo?", you can use the following query:

arduino			C) Copy code
("steroid therapy"	OR "corticosteroid	therapy" OR	"glucocorticoid	therapy")

This query includes various keywords and phrases related to the topic to help you find relevant research articles on PubMed.

ChatGPT generated Query

§ ("steroid therapy" OR "corticosteroid therapy" OR "glucocorticoid therapy") AND ("mortality" OR "death") AND ("adult patients" OR "adults") AND ("ARDS" OR "acute respiratory distress syndrome") AND ("placebo" OR "control group")

Literature Searc	h Query	×						
Output in		Tone		Writing Style				
English	~	Default	\checkmark	Default	\checkmark			
Intervention				Compar	ison			
Proning				No pro	oning			1.
Outcome								
Mortality				1.				
Adults with AR	DS							
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- ARDS: MeSH term is "Respiratory Distress Syndrome, Adult"
- **Proning**: MeSH term is "Prone Position"
- No proning: This is the absence of the intervention, so we won't have a MeSH term for this.
- Mortality: MeSH term is "Mortality"

Using this information, we can construct the search query optimized for PubMed:

```
mathematica Copy code
("Respiratory Distress Syndrome, Adult"[MeSH Terms] OR ARDS[Text Word])
AND
("Prone Position"[MeSH Terms] OR proning[Text Word])
AND
("Mortality"[MeSH Terms] OR death[Text Word] OR fatal[Text Word])
NOT
(no proning[Text Word] OR "supine position"[Text Word])
```



User

Generate keywords and synonyms for the literature search query: does proning position improve outcome in adults patients with ARDS compared to no proning





Use ScholarAI search the literature for randomized controlled trials on Does steroid therapy improve mortality in adult patients with ARDS compared to placebo?

Used ScholarAl

Here are the randomized controlled trials (RCTs) related to the effect of steroid therapy on mortality in adult patients with ARDS compared to placebo:

1. Steroid treatment in patients with acute respiratory distress syndrome: a systematic review and network meta-analysis

 Abstract: This study conducted a network meta-analysis (NMA) to compare the differences in efficacy among different doses and types of steroids in ARDS patients. The study found that the effect of steroids on the outcome in patients with ARDS might depend on the type of the steroid drug administered.

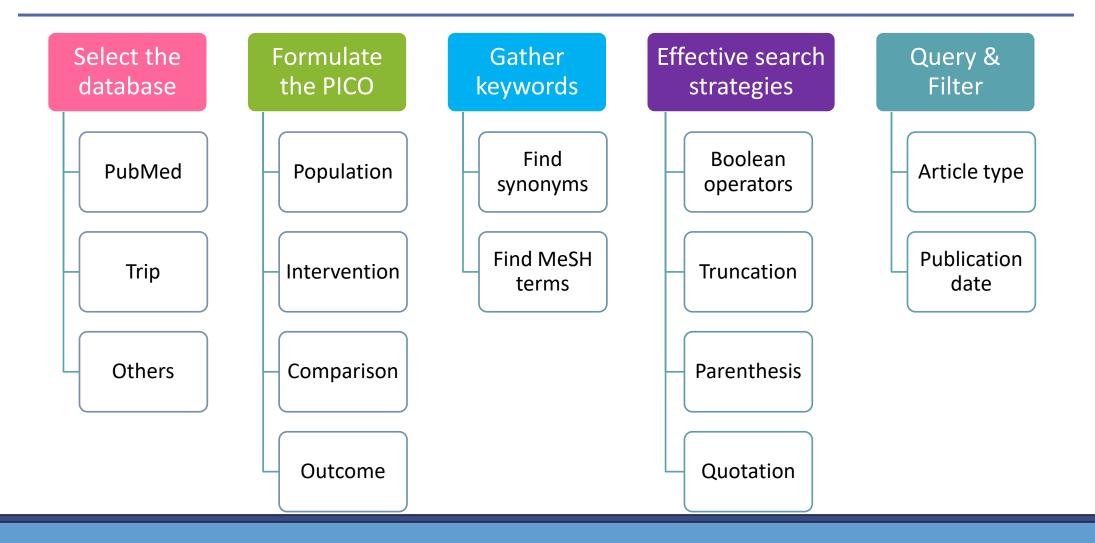
- Authors: S. Yoshihiro, T. Hongo, S. Ohki, and others.
- * Publication Date: 2021-11-10

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- Link to the study
- PDF Link
- 2. Safety and efficacy of multipotent adult progenitor cells in acute respiratory distress syndrome (MUST-ARDS): a multicentre, randomised, double-blind, placebo-controlled phase 1/2 trial
 - **Abstract**: This trial evaluated the safety and tolerability of intravenous multipotent adult progenitor cells in patients with moderate-to-severe ARDS. The study found that



Searching the Medical Literature



Thank You