

CRITICAL CARE ORDER SET

Ventilator-associated Pneumonia

Empiric ICU management of adult VAP. Treat as higher MDR risk — start broad with MRSA and antipseudomonal cover, layer a newer β -lactam / β -lactamase-inhibitor when resistant gram-negatives are likely, then de-escalate hard at 48–72 hours. Adapt every agent to your antibiogram and renal function.

PATIENT _____	MRN _____	WEIGHT (KG) _____	DATE / TIME _____
ALLERGIES _____	DAY OF VENTILATION _____	ORDERING CLINICIAN _____	ATTENDING _____

01 Core diagnostic orders

FIRST Draw cultures **before** antibiotics — but do not delay empiric therapy in septic shock. Antibiotics within 1 hour of recognition.

- ☐ Blood cultures $\times 2$ (different sites) before antibiotics
- ☐ **Endotracheal aspirate** ($\pm$ BAL / protected specimen brush per unit) for culture & Gram stain
- ☐ MRSA nasal PCR / screen (if available)
- ☐ CBC, CMP (creatinine, LFTs); lactate if sepsis suspected; ABG / VBG as indicated
- ☐ Chest x-ray (or CT chest if needed)

- ☐ Viral respiratory panel (COVID-19, influenza) as indicated

02 MDR risk screen

CHECK AND DOCUMENT

- | | |
|--|--|
| ☐ IV antibiotics in the last 90 days | ☐ Prior MRSA colonization / infection |
| ☐ Prior MDR GNR (ESBL, CRE, MDR <i>Pseudomonas</i> , <i>Acinetobacter</i>) | ☐ Hospitalization $\geq$ 5 days / prolonged ICU stay |
| ☐ Structural lung disease (bronchiectasis, CF) | ☐ Significant immunosuppression |

RULE Any MDR factor present → treat as high-risk VAP with broad initial coverage (Section 3), then de-escalate.

03 Standard empiric regimen

USE WHEN High suspicion for VAP with **no prior cultures** suggesting highly resistant organisms. Combine one agent from each of the three blocks below.

3.1 • Antipseudomonal β -lactam

CHOOSE ONE

- ☐ Piperacillin–tazobactam **4.5 g IV q6h**
- ☐ Cefepime **2 g IV q8h**
- ☐ Ceftazidime **2 g IV q8h**
- ☐ Meropenem **1 g IV q8h** (if ESBL risk)
- ☐ Imipenem–cilastatin **500 mg IV q6h**
- ☐ Aztreonam **2 g IV q8h** (severe β -lactam allergy)

3.2 • MRSA agent

CHOOSE ONE

- ☐ **Vancomycin** — load **20–25 mg/kg IV** once, then **~15 mg/kg IV q8–12h** (AUC/trough-guided, renally adjusted)

OR

☐ Linezolid 600 mg IV q12h

3.3 • Second antipseudomonal

CHOOSE ONE — DIFFERENT CLASS FROM 3.1

- ☐ Levofloxacin 750 mg IV q24h
- ☐ Ciprofloxacin 400 mg IV q8h
- ☐ Amikacin 15–20 mg/kg IV q24h (pharmacy-dosed)
- ☐ Gentamicin / tobramycin 5–7 mg/kg IV q24h

TYPICAL A common starting pattern is **piperacillin–tazobactam + vancomycin + levofloxacin** (or an aminoglycoside), with rapid de-escalation once cultures return. Reserve polymyxins (colistin / polymyxin B) for culture-proven extreme MDR.

04 Newer agents — where they fit

WHEN Use mainly with prior cultures or high suspicion for ESBL / carbapenemase-producers / MDR *Pseudomonas*, and with ID support. These **replace** the primary β -lactam in 3.1 — not added on top.

4.1 • ESBL / MDR *Pseudomonas* (not carbapenemase)

USE IN PLACE OF STANDARD B-LACTAM

- ☐ Ceftolozane–tazobactam (Zerbaxa) 3 g IV q8h (2 g / 1 g, renally adjusted) — MDR *Pseudomonas*
- ☐ Ceftazidime–avibactam (Avycaz) 2.5 g IV q8h (2 g / 0.5 g, renally adjusted) — ESBL / KPC

4.2 • Carbapenem-resistant organisms (CRE, MDR *Acinetobacter*)

ID-DRIVEN • SUBSTITUTE FOR PRIMARY B-LACTAM

- ☐ Ceftazidime–avibactam — KPC-producing CRE
- ☐ Meropenem–vaborbactam — KPC CRE (where available)
- ☐ Imipenem–cilastatin–relebactam — carbapenem-resistant *Pseudomonas* / Enterobacterales
- ☐ Cefiderocol — highly resistant gram-negatives (selected cases)

CONSULT If CRE or a carbapenemase-producer is suspected, **involve ID** and choose per local susceptibilities before committing to a newer agent.

05 Duration & de-escalation

DURATION Planned **7 days** if clinical response is adequate and no complications. Extend only for select pathogens / complications.

REASSESS AT 48–72 HOURS

- ☐ Narrow or stop MRSA coverage if cultures negative **and** MRSA screen negative
- ☐ Narrow to **one** active antipseudomonal agent once susceptibilities are back
- ☐ Stop aminoglycoside / polymyxin as soon as a safer active agent is confirmed
- ☐ Consider procalcitonin trend + clinical improvement to support stopping at 7 days

06 Monitoring & supportive care

MONITORING

- ☐ Daily CBC, BMP (Cr, electrolytes); vital signs, I/O, weight
- ☐ Vancomycin / aminoglycoside — pharmacy-dosed, drug levels per protocol
- ☐ Linezolid — platelet count twice weekly if treatment > 7–10 days or high risk

SUPPORTIVE / ADJUNCTIVE

- ☐ Oxygen to maintain SpO₂ goal (e.g., ≥ **92%**, individualized by ARDS / COPD status)
- ☐ Ventilator management per ARDS / ICU lung-protective protocol
- ☐ Acetaminophen **650–1000 mg PO/NG/IV q6h PRN** (max 3–4 g/day)
- ☐ DVT and stress-ulcer prophylaxis per ICU protocol
- ☐ Elevate head of bed, daily sedation/spontaneous-breathing trials, secretion management (VAP bundle)

Not a substitute for clinical judgement. Verify doses, allergies, renal function, and contraindications.
Adapt all agents and thresholds to your institutional protocols, antibiogram, and the individual patient.

Spreading knowledge
Improving outcomes