

Prevention & Treatment of Shivering

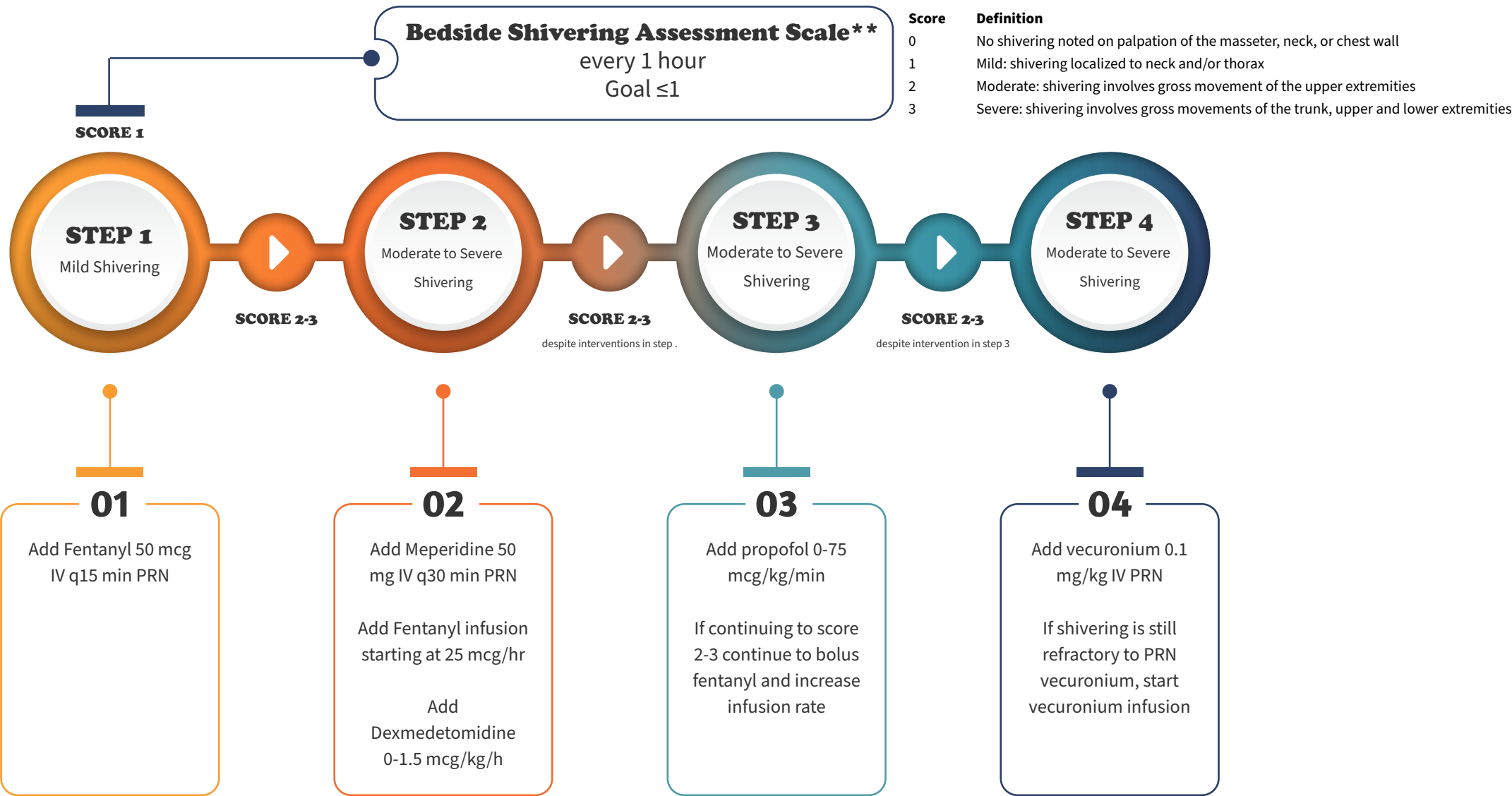
During Targeted Temperature Management

Bair Hugger blanket
(max temp 43°C)

Acetaminophen
(650 mg every 4 hours)

Buspirone
(30 mg every 8 hour)

Magnesium*
(2 g x1 then infusion at 1 g/h)
Mg level goal: 3-4 g/dL



* Magnesium level every 6 hours
Increase infusion by 25% every 6 hours if Mg level <3 g/dL
Decrease infusion by 25% every 6 hours if Mg level >4 g/dL
For Mg level >6 g/dL, stop infusion and recheck Mg every 2 hours until less than 5 g/dL,
then restart infusion at 75% of previous rate.
Discontinue 4 hours prior to initiation of re-warming